Apple
THERAPY SERVICES

Workwell Functional Capacity Evaluation V.2

Functional Capacity Evaluation

- 1-Day FCE CORE Full Body 3 hours
- 2-Part FCE Disability Medical/Legal 4- 5 hours
- Job Specific FCE
- Referrer Requested Testing
- Short "Mini" FCE
- Material Handling Sedentary UE/LE FCE
- Modified Formats

Functional Capacity Evaluation (FCE)

WorkWell's (WW) Functional Capacity Evaluation is a comprehensive functional test designed to objectively measure the maximum safe functional abilities of a client across a broad range of physical capabilities for recommendations for return to work and activities of daily living. The FCE has been proven to be effective in workers compensation, fit for duty and disability cases. The test includes detailed strength/motion/balance testing and performance of functional activities such as lifting/carrying, walking, sitting, standing, repetitive squatting, forward bend, overhead reach, push/pull, ladder climb, kneel/crawl, crouch, hand coordination, etc. Job specific testing and referrer requested testing can be included, as well as job matching for return to work.

Kiniesiophysical Method

The WorkWell FCE uses a unique approach to physical examination by allowing the worker to test for maximum objective strength without fear of injury. In this kinesiophysical method of testing it is the therapists skilled in musculoskeletal function – not the worker - who identifies precise physical and functional abilities. The therapist trained in WorkWell's objective scoring definitions and integrated consistency checks observe muscle function, movement patterns, physiological changes, safety and worker behavior in one evaluation; correlates physical findings with functional limitations and provides specific solutions regarding when and in what capacity that worker can safely return to work.

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Legally Defensible • Medically Sound
Operationally Efficient • Analytically Based

The WorkWell Approach

WorkWell provides medical professionals with best practice work injury prevention and management solutions. We are committed to assisting our providers to become recognized experts in the delivery of credible, legally defensible work injury prevention and management services.

WorkWell's FCE Better By Design

- Evidenced Based/Research Based Protocols
- Well Defined Processes and Protocols: Medically Sound/Legally Defensible
- Hands on Training with Experts in the Field
- PTs/OTs Perform the FCE, Consistent with the APTA FCE Guidelines
- Kinesiophysical Approach
- Objective Scoring Criteria Qualitative/ Quantitative Results
- Integrated Consistency Checks Identify Consistency of Effort
- Safety Parameters Inherent in Testing
- Documentation of the Physical Cause Behind the Functional Limitation
- Rigorous for Medical Legal FCEs; Comprehensive for Disability FCEs
- Standardized Test With Flexible Design
- Versatility: 1 or 2 Part FCE; Ability to Customize
- Job Specific, Referrer Requested and Modified Formats
- Accurate Job Match Compares Worker's Abilities with Required Job Demands
- Web Based Tools Offer Flexibility in Documentation to Meet Customer Needs
- Fast Report Generation
- Produces Clear Summary Report Understood by All Parties

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